

## **Charles Matthews, PhD**

Senior Investigator Metabolic Epidemiology Branch DCEG Shady Grove



Words to live by...

## Scientific interests

Don't believe everything you think.

Cancer prevention and control; exercise and physical activity; methodology for measuring physical activity and sleep

What is your favorite thing about working at NCI?

Learning something new almost everyday.

In my spare time, I enjoy...

Cycling; listening to music; cooking; time with my wife, kids, and dogs (all 3 of them).

## A fun fact about myself is...

I never sold my records (LPs) and still buy them, and since I love music I have a lot of them (> 1,200).